

# National Curriculum Themes (Key stage 1 & 2. 5 – 11 years)

## CAMBRIDGE

### **7. OBSERVATION – Shapes and/or Primary Colours .**

6 riders from a Special School for children with severe learning difficulties. They have ridden for half a term. Plan a lesson practising /reinforcing a riding skill and/or activity, where you include this theme from the N.C. requirements to run through the session **where appropriate.**

#### **Briefing with Lesson Plan:**

#### **Equipment needed:**

*Beanbags, rubber rings, bucket. ] colour*  
*Poles, cups, cones. ] coordinated*

#### **Riding skill selected to be introduced or reinforced:**

*Walking, turning, halting.*  
*Reins in one hand, object in the other.*  
*Gathering up reins ready to walk-on*

#### **Pre session activity when mounted – open order:**

*Dropping and picking up reins.*  
*Stretching exercises.*

#### **Main session plan:**

*4 riders – leader each and 2 sidewalkers.*  
*4 Poles,/buckets/cones – spaced out along  $\frac{3}{4}$  line.*  
*Riders walking across school together, up to pole/bucket/cone, turning and stopping, putting ring over.*

#### **Debriefing – how would you do this:**

*Questions and answers. Check colours/shapes.*

#### **Plan for next time:**

***Reinforce** and hopefully trot!*  
*Counting beanbags.*

#### **Transfer to ASDAN workbook where appropriate:**