

# **National Curriculum Themes (Key stage 1 & 2. 5 – 11 years)**

## **ESSEX**

### **4. MEASUREMENT – (which comes in the Numeracy Curriculum)**

6 riders from a Special School for children with moderate learning difficulties They have ridden for half a term. Plan a lesson practising /reinforcing a riding skill and/or activity, where you include this theme from the N.C. requirements to run through the session **where appropriate.**

#### **Briefing with Lesson Plan:**

*Small tasks – count ponies legs, ears, eyes, ladybird spots, balls.  
Measurement of horse, groups of coloured ones.*

#### **Equipment needed:**

*Postbox, number of letters to post. Grooming kit, hats, cones, poles*

#### **Riding skill selected to be introduced or reinforced:**

*Use of reins.  
Throw dice, move on how many. Moving on and halting/stopping, steering/stopping.  
Halt so riders may stand up (how many). Stopping and counting poles, pictures on walls.*

#### **Pre session activity when mounted – open order:**

*Instructor – brief.*

#### **Main session plan:**

*Use of reins.  
Throw dice, move on how many. Moving on and halting/stopping, steering/stopping.  
Halt so riders may stand up (how many). Stopping and counting poles, pictures on walls.*

#### **Debriefing – how would you do this:**

*Booklet – During Coffee – Goals achieved – Speak to staff.*

#### **Plan for next time:**

*Reinforcing work.*

#### **Transfer to ASDAN workbook where appropriate:**