

National Curriculum Themes (Key stage 1 & 2. 5 – 11 years)

ESSEX

6. GEOGRAPHY – Finding Destinations.

6 riders from a Special School for Autistic children (Key Stage 2). They have ridden for half a term. Plan a lesson practising /reinforcing a riding skill and/or activity, where you include this theme from the N.C. requirements to run through the session **where appropriate.**

Briefing with Lesson Plan:

1st – Liaise with schools.

Mount children quickly, brief helpers on Geography and indicate locations. Children chose destination.

Equipment needed:

Cones, flags with countries using school letters – or mountain etc. – picture.

Camera

Riding skill selected to be introduced or reinforced:

Steering, stopping, changing direction.

Left, right, riding over logs or poles.

Pre session activity when mounted – open order:

Warm up – mental and physical preparation for ride.

Main session plan:

Aim is to recognise flag or cone colour or picture.

Objective: Choosing destinations – communication.

Outcome: To improve above.

Debriefing – how would you do this:

Helpers debrief – a little book on child for future reference, and follow up.

Plan for next time:

Repeat exercises to reinforce their learning.

Transfer to ASDAN workbook where appropriate: