

# National Curriculum Themes (Key stage 1 & 2. 5 – 11 years)

## **NORFOLK**

### **6. GEOGRAPHY – Finding Destinations.**

6 riders from a Special School for Autistic children (Key Stage 2). They have ridden for half a term. Plan a lesson practising /reinforcing a riding skill and/or activity, where you include this theme from the N.C. requirements to run through the session **where appropriate.**

#### **Briefing with Lesson Plan:**

#### **Equipment needed:**

*Cones. Flags, coloured to represent football teams.  
Bean bag in bucket. Poles as roads.*

#### **Riding skill selected to be introduced or reinforced:**

*Stop, start, steering right and left.  
Pace – walk, fast walk, trot, to get to destination*

#### **Pre session activity when mounted – open order:**

*Stretches and warm up exercises “pre football game”.  
Walk through equipment to familiarise team with set up and what will be required.*

#### **Main session plan:**

*5 cities, 5 cones, football teams.  
Along road to destination.  
Put football/beanbag in bucket to “score goal”.*

#### **Debriefing – how would you do this:**

*Evaluate – did they get to destination?  
“ “ understand concept?  
Feedback.*

#### **Plan for next time:**

#### **Transfer to ASDAN workbook where appropriate:**