

National Curriculum Themes (Key stage 1 & 2. 5 – 11 years) **ESSEX**

2. INFORMATION TECHNOLOGY – Personal and Social Skills working together

6 riders from a Special School for children with moderate learning difficulties. They have ridden for half a term. Plan a lesson practising /reinforcing a riding skill and/or activity, where you include this theme from the N.C. requirements to run through the session **where appropriate.**

Briefing with Lesson Plan:

Aims – to encourage language , team work, listening, listening and doing at some time, maintaining concentration when music plays.

Equipment needed:

Pictures and letters – music.

Riding skill selected to be introduced or reinforced:

Reinforcing stopping and going

Pre session activity when mounted – open order:

*Look at and identify pictures/letters.
Exercises between given letters*

Main session plan:

*Stopping at pictures – moving and calling ‘walk-on’ to rider in front.
Progressing to using music, reinforce ability to listen, react and do.*

Debriefing – how would you do this:

Ask questions of all involved – give options as necessary – signs etc.

Plan for next time:

*Revise stop – go.
Reinforce turning – aim to turn across and stop in cones – progressing to use of music*

Transfer to ASDAN workbook where appropriate: