

National Curriculum Themes (Key stage 1 & 2. 5 – 11 years)

CAMBRIDGE

6. GEOGRAPHY – Finding Destinations.

6 riders from a Special School for Autistic children (Key Stage 2). They have ridden for half a term. Plan a lesson practising /reinforcing a riding skill and/or activity, where you include this theme from the N.C. requirements to run through the session **where appropriate.**

Briefing with Lesson Plan:

Out → wood, to follow a route/map.

Get A → B directions, physical environment – differences, mud/surface, sounds.

Equipment needed:

Laminated A4 map of route.

Possible way of marking off landmarks.

Photos

Riding skill selected to be introduced or reinforced:

Steering horse, directions left and right. Keeping position in ride.

Stopping at junctions. Up and down hills, ducking under trees.

Pre session activity when mounted – open order:

Looking at map.

Comparing surface of school.

Possibly following directions round school, turns.

Main session plan:

Walk

Debriefing – how would you do this:

Revise map idea of route and what seen/felt.

Reflect on skills riding.

Plan for next time:

Transfer to school/arena → follow route.

Countryside challenge, extend. (Find equipment)

Transfer to ASDAN workbook where appropriate: