

National Curriculum Themes (Key stage 1 & 2. 5 – 11 years)

ESSEX

1. COMMUNICATION – Increasing Vocabulary and Tactile Experience

6 riders come from a Special School for children with moderate learning diff. They have ridden for half a term. Plan a lesson learning/practising/reinforcing a riding skill and/or activity, where you include this theme from the N.C. requirements to run through the session **where appropriate.**

Briefing with Lesson Plan:

Equipment needed:

*Several poles with nets, 4 big cones, funnels, balls, toys.
Coloured reins, grooming kit, 6 buckets*

Riding skill selected to be introduced or reinforced:

Start and stop – leaning over. Walk-on and whoa. Direction and balance. Commands for ponies – asking C's to describe 'where' they want to go next?

Pre session activity when mounted – open order:

Bucket exploration.

Main session plan:

Going from cone to cone and getting vocal responses. Using balls etc., beanbags. Open ended questions.

Debriefing – how would you do this:

*Ask riders and helper how it went. Riders, self-evaluate. Talk to staff.
Results will inform next week's planning (feed into rider's records)*

Plan for next time:

*Change equipment ie. from grooming kit to pieces of tack. But keep format.
New vocab. Recordable postcards. Reinforce. Possible obstacle course.*

Transfer to ASDAN workbook where appropriate:

Adjust – differentiation.