

National Curriculum Themes (Key stage 1 & 2. 5 – 11 years)

CAMBRIDGE

1. COMMUNICATION – Increasing Vocabulary and Tactile Experience

6 riders come from a Special School for children with moderate learning diff. They have ridden for half a term. Plan a lesson learning/practising/reinforcing a riding skill and/or activity, where you include this theme from the N.C. requirements to run through the session **where appropriate.**

Briefing with Lesson Plan:

Communication – aids to the horse.

Children to demonstrate carrying out instructions.

Equipment needed:

Cones, box made of ground poles

Riding skill selected to be introduced or reinforced:

Communicating with your horse – verbally and physically.

Pre session activity when mounted – open order:

Warm-up exercises – touch your hat etc.

Main session plan:

Bending cones down centre line. Halt box on either long side.

Name of Pony. Work with side helpers. Divide into 2 rides. Finish.

Debriefing – how would you do this:

Prior to dismount, instructor to ask what aids riders used to halt and steer.

Plan for next time:

Re-inforcing.

Transfer to ASDAN workbook where appropriate: