

# National Curriculum Themes (Key stage 1 & 2. 5 – 11 years)

## ESSEX

### **7. OBSERVATION – Shapes and/or Primary Colours (2 sessions). One Riding Skill**

6 riders from a Special School for children with severe learning difficulties. They have ridden for half a term. Plan a lesson practising /reinforcing a riding skill and/or activity, where you include this theme from the N.C. requirements to run through the session **where appropriate.**

#### **Briefing with Lesson Plan:**

#### **Equipment needed:**

*10 coloured cones including red, yellow, blue, coloured objects (on top) and with helper*


#### **Riding skill selected to be introduced or reinforced:**

*Steering round objects at walk/ halt/ walk-on – steer a shape*

#### **Pre session activity when mounted – open order:**

*Indicate colours both hands, balance coloured object.*

#### **Main session plan:**

		R	1) Start at a colour to weave	
2 lines		with	Y	2) Ride a shape – and
		B	3) Finish at a colour	

#### **Debriefing – how would you do this:**

*Recap.*

*Helpers to write feedback in notebook – transfer details to rider records*

#### **Plan for next time:**

*Introduce Green*

*Build on feedback from last time*

#### **Transfer to ASDAN workbook where appropriate:**