

National Curriculum Themes (Key stage 1 & 2. 5 – 11 years)

NORFOLK

7. OBSERVATION – Shapes and/or Primary Colours .

6 riders from a Special School for children with severe learning difficulties. They have ridden for half a term. Plan a lesson practising /reinforcing a riding skill and/or activity, where you include this theme from the N.C. requirements to run through the session **where appropriate.**

Briefing with Lesson Plan:

Equipment needed:

Sponge shapes – different colours. Pictures.

Riding skill selected to be introduced or reinforced:

Steering, stopping, starting,

Pre session activity when mounted – open order:

Exercises using colours and shapes, to include in exercises – eg., stretch up with coloured baton.

Main session plan:

Picking up shape, move to pictures of item on wall – match colour and shape , stop at right place, drop in bucket.

Same shape, different colours.

Debriefing – how would you do this:

Talk to helpers – are we ready to move on? Too simple?

Plan for next time:

Next time introduce a new shape, keep different colours.

How many sides for each shape etc?

Other things – same colour? Eg. Yellow banana

Transfer to ASDAN workbook where appropriate: