

# National Curriculum Themes (Key stage 1 & 2. 5 – 11 years)

## ESSEX

### **5. NUMERACY – Classification.**

6 riders from a Special School for children with severe learning difficulties They have ridden for half a term. Plan a lesson practising /reinforcing a riding skill and/or activity, where you include this theme from the N.C. requirements to run through the session **where appropriate.**

#### **Briefing with Lesson Plan:**

*Liaise with school and differentiate the plan.  
Check on recognition of numbers and counting skills*

#### **Equipment needed:**

*Use all numbered equipment – or use shapes and colours.  
Camera*

#### **Riding skill selected to be introduced or reinforced:**

*Steering and halting.  
Use of legs and voice.*

#### **Pre session activity when mounted – open order:**

*1<sup>st</sup>, 2<sup>nd</sup>, etc., for riders – or count steps up to ride.  
When mounted: Move off in same mounting order and stop and start before all mounted and sing a song – eg. 1,2,3,4,5.*

#### **Main session plan:**

*Group ride in circles or figure of 8 – using different reins and stopping at different numbers.  
Split into individuals – to match numbers, shapes – eg. Pick up a number and find that one.  
Finish off with Grandmothers footsteps.*

#### **Debriefing – how would you do this:**

*Get feedback from helpers eg. In a notebook by each helper for each rider – what they could understand, what they enjoyed, what they couldn't do.*

#### **Plan for next time:**

*Use notes from helpers on each rider, to plan the next session – whether to do extra activities to stretch particular riders or support riders and repeat parts from the lesson.*

#### **Transfer to ASDAN workbook where appropriate:**